

# Breast Feeding Policy

KinderWorld promotes breastfeeding as the healthiest way for a mother to feed her baby and recognises the important health benefits for both mother and baby, although staff will also support other parent's choices for feeding their babies.

Where possible, mothers are encouraged to breastfeed their baby during nursery hours. A quiet comfortable area is available.

KinderWorld does recognise that this is not always convenient and so the following procedures will take place:

- Mothers are requested to bring expressed breast milk in a sterilised bottle
- Bottles must be labelled with the child's name with the time and date the breast milk was expressed
- Milk will be stored in a fridge at a temperature of 4 °C or lower
- Milk must be used within twenty-four hours
- If necessary, expressed milk can be kept at room temperature for up to eight hours
- Bottles must always be shaken before use
- Staff will follow the Bottle Feeding Procedure
- Unused milk will be disposed of at the end of each day

KinderWorld understands that breastfed babies may have difficulty accepting milk from a bottle; therefore mothers/carers are encouraged to bring in a comforter. The baby will be fed by their key worker where possible.

In order to help babies settle, mothers may need to introduce bottle feeding prior to the baby starting nursery or alternatively, a free flowing cup if the baby is over six months.

KinderWorld works in partnership with local health professionals to support breastfeeding.